

SPRING 2017

HP Soccer Academy

Coaches Manual



HIGHLAND PARK SOCCER ACADEMY

Supporting Highland Park High School Soccer since 2004

Coach Patrick Fraley- U15 & U18

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Coach Adam Kissack-U16 & U10

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Coach Diego Michel- U8 & U9

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Coach Holly Reilly- U7

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Coach Howard Grosser- U12 & U13

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Coach Jeff Loftin- U11 Navy

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Coach Juan Miranda-U11 Gold

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Coach Kelsey Robertson-U11 & 10

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GK Coach Lauren Middleton

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Resources For Practice Planning/Practice Information

- www.hpsocceracademy.com
- www.usyouthsoccer.org
- <https://www.nscaa.com/>
- <http://www.soccerparenting.com/>

PYSA Team Information (99B, 01B, 02B, 04B, 05B, 06B Navy)

- Should there be any addition to your team during the season, there is a 72 hour rule to get him added to the roster. For example, if your team plays on Thursday night, the player must have **all documents required** and must be uploaded to the roster by Monday (this includes the NTMF, NTMR, and the copy of the birth certificate). **There are no exceptions to this.** Kelsey will send each team manager the team's CURRENT/SIGNED official roster before games.

IMPORTANT DATES

2/11 U11-U14 season will begin

2/25 U15 season will begin

3/7-3/9 No Games

3/18 U16-U19 season will begin

4/15-4/16 No Games

5/21 Season Ends

ID Cards

Every player and rostered adult on your team is required to have an ID card. When you arrive at the field, every player should have their card in their hand to give to the referee. The manager/coach should NOT be handing the referee a stack of cards. Also, these need to be printed in color and laminated. If a player is removed for receiving a concussion or is ejected for red card offense the card will be pulled.

Injury- Once a player is cleared by a medical professional the card will be returned back to the team.

Red Card- Once a player has sat out their sit-out(s) the card will be returned back to the team.

Sitting Out- Please take two copies of the Sit Out Verification form (<http://comp.pysa.org/page/show/1234593-competitive-forms>), completed, and have your player present themselves with the forms to the referee at the beginning of the game. They need to be in the opposite kit of what the team is wearing for that game. The referee will keep both forms until the game is complete. You will then get one signed copy back from the referee for your records and they will keep the second to turn in with the Game Misconduct Report to a league official.

LINKS

PPL Rules- http://assets.ngin.com/attachments/document/0056/4628/PYSA_Competitive_Rules.pdf

PPL Forms- <http://comp.pysa.org/page/show/1234593-competitive-forms>

Referee Fees

Each team manager has been provided with checks to be given to the referees before each game.

POSTING THE SCORE

• **Home team will post the score.** You have two options...via phone: 904-758-0875 (then press 1) or to do it online please click on this link <https://www.gotsport.com/events/scoring/> . Your Event ID is 53686 and the Pin is 1112. The game number is on your schedule.

NEED A TRAINER? (Injury on Field)

Please call 972-665-6804

FINES

Teams will be fined \$25 for violating the Facility/Game Day Rules...<http://comp.pysa.org/page/show/1234592-competitiverules>

Infractions include but are not limited to:

- Warming up in the 18yd box
- Climbing on the fences
- Crossing the field before, during halftime or after the game. This includes children playing on the field during halftime.
- Bringing a dog to the athletic site.

RAINOUTS & Weather Hotline

Field conditions at Plano Parks are checked at 7:00am on Saturdays, 9:00am on Sundays, and 3:00pm on weekdays. PYSA Hotline at 972-422-7972 ext. 1

Primetime Sports League (03/04B, 06B Gold, 06G)

- Team managers are responsible for bringing ID cards and game reports to each game with completed rosters
- Any additional player needs to be added 72 hours before each game
- U13-U17 teams have the chance to advance to US Club Soccer Regionals and National Cup
- No qualifying tournament. Skill divisions based on team requests and team history in GotSoccer
- NO WEEKNIGHT GAMES
- Referees certified through US Soccer Federation
- PrimeTime Sports staff and athletic trainers onsite. NO TEAM VOLUNTEERS REQUIRED
- Players are allowed to "play-up". This includes players born in 2007 who MAY play on team in 2006 age group
- Teams choose their "home" location from the 4 regions listed below and will play at least half their games in that region
- \$50 discount available for Winter Blast and Summer tournaments

Playing Regions

- DALLAS Region = MoneyGram in Dallas
- THE COLONY Region = Blue Sky & Five Star in The Colony
- EAST Region = Fairview Soccer Park (U11 and U12) in McKinney, Founders Park in Wylie
- WEST Region = Meadowmere & Oak Grove (Grapevine), Bob Jones (Southlake), and Pleasant Run (Colleyville)

PYSA Academy Teams (07/08G, 07B, 08B, 09B/10, 10G)

IMPORTANT DATES

February 18 U4-U14 Season Begins

No games 3/7-3/12

April 28-30 U9-U14 Playoffs

IMMEDIATELY following your game, please send your score to Bryan Haworth...

Email: bchflavor@icloud.com OR Text: 214.335.0700. The preferred methods would be; Dixie Kicks 4 - Highlighters 2. Feb 17 game

Team Roster

Each team manager will be provided with their team's game roster within a week before their first game. Game rosters should be brought to each game. Rosters will be frozen following the first game—NO ADDITIONS to teams during season.

LINKS

U4-U8 Playing Rules:

http://assets.ngin.com/attachments/document/0104/6997/PYSA_Rules_4_to_8_approved_Aug_2016.pdf

U9-U19 Playing Rules:

http://assets.ngin.com/attachments/document/0104/6997/PYSA_Rules_4_to_8_approved_Aug_2016.pdf

General Playing Rules :

http://assets.ngin.com/attachments/document/0106/1851/PYSA_General_Rules_F16.pdf

NEED A TRAINER? (Injury on Field)

Please call 972-665-6804

Field, Game Day, and Facilities Rules

Generally, games are played on fields owned by the City of Plano. Some games may be scheduled in neighboring communities. All the participants -- players, coaches, parents and fans – are to respect the facilities. The participants are to obey the rules and regulations of the facility. In addition,

- Players are only allowed within the penalty area during game time. No warm-ups in the penalty areas are allowed.
- Smoking is prohibited in the area of the playing field.
- **Dogs are not allowed at the fields while games are in progress.**
- Players are to pick up and dispose of all trash at the end of the game.
- While waiting for the playing field to become available, teams are not to interfere with any game. At the conclusion of the game, the teams must quickly depart from the fields to allow the next game to begin.
- **Noisemakers are prohibited.**
- **Spectators must sit a minimum of five (5) feet from the touchline and should never interfere with the assistant referee's path or view.**
- Videotaping and photography of games should be limited to those matches where your family member is participating.
- **Parents, spectators, and supporters are required to occupy the spectator area (bleacher seats and end of the field) directly across from their team's player bench. Parents, spectators, and supporters are not allowed to view the game from the opposing team's spectator area.**

RAINOOTS & Weather Hotline

Weather

- When the weather is in question, please check Field Status (<http://rec.pysa.org/page/show/1231051-field-status>) for your playing field conditions.
- Field Status for Plano fields are updated by 3:00pm on weekdays, 7:00am on Saturdays, and 10:00am on Sundays. We are subject to field closings at the discretion of Plano Parks & Recreation.
- PYSA.ORG will be updated with the status for out of town fields hosting PYSA games as soon as those statuses are made available to us. Please check the website and/or call the weather hotline of the hosting association for more information.

Weather Hotlines

Plano fields: 972-422-7972 ext 1

Allen fields: 214-509-4809

Frisco fields: 972-738-9095

McKinney fields: 972-569-6808 x3

Richardson fields: 214-757-5297

Wylie fields: 972-200-7991 x1

HPSA Policies:

- Promote a positive learning environment for all athletes, parents, coaches and support groups. The Positive Coaching Alliance will serve as the foundation for my coaching philosophy and coaching actions during all training sessions, games, and correspondence.
- Maintain high standards for self and all team members. This includes, but is not limited to: being prepared for all training sessions and games, being on time for all training sessions, games and meetings to begin on time as scheduled, dressing appropriately in HPSA attire and always communicating with athletes, players and officials in a professional manner.
- Promoting the ideal that all athletes will make themselves better, their teammates better and the game better.
- Develop leadership within each player and team through developing high expectations for all athletes.
- Utilize and develop within the athletes and parents a Growth Mindset and be a positive role model with respect to commitment, intensity, confidence, response to adversity and disappointment.
- Actively participate in club meetings, training sessions and collaboration of expectations and standards for the Academy.
- Communicate efficiently and effectively with the club's Directors, team managers, and parents. Communication includes but is not limited to: decisions about rosters, weekly updates on team performance, tournament dates and locations, parent/athlete conflict and all relevant information regarding the Academy.

- Maintain familiarity with HPSA’s website and email communications.
- Planning all training sessions within the boundaries of the HPSA curriculum and will emphasize development of the individual athlete and the progression of the team and the goals of the team.
- Living up to the standards of the Highland Park Soccer Academy and the Positive Coaching Alliance.
- There will be ZERO tolerance for “no-call, no-shows.” If you cannot make a team practice or game, you MUST contact the General Manager and Coaching Manager and find your OWN replacement. You are expected to create practice plans and have your substitute coach implement the plans. We do not cancel practice unless it is after a tournament or HPISD cancels our training session.

HPSA Emails

- There is a 24 hour return policy for all coaches to respond to their HPSA emails.
- As a reminder, below is the process for accessing web mail from a desktop:
 - Type this into your browser:
<https://secure.ipower.com/secure/login.bml?showWebmailTab=1>
 - Click the “Webmail” tab. When the website automatically pulls up, it has “Control Panel” selected. Make sure the “Webmail” tab is selected before logging in.

- For the email address, type yourlastname@hpsocceracademy.com
- Enter your password—if you need resetting please contact Kelsey to reset
- Be sure to check your email account at least one time every day, and do not hesitate to ask me any question!

TEAM MANAGERS ROLES

HPSA's Team Managers Role - Culture Keeper

- Each team should have at least one-two team managers.
- Team roster/recruiting:
 - Ask prospects to fill out the team inquiry form on the HP Soccer Academy's home page, this generates a practice email invite.
 - Best player parent scouts program.
 - All roster decisions are made by the coaches.
- Game liaison (game report, ID cards, ref fees)
- Team liaison to Academy (uniforms, policy questions, parent input, supplemental communication).
- Communication flow: Parents>TM>Coach>HPSA. Negative behavior will not be tolerated from parents or players. Disciplinary steps:
 - 1.HPSA, TM, and parent meeting.
 2. If the parent will be asked to stay away from the events, if the player parent will be asked to observe their payers behavior at events
 - 3.They will be asked to leave HPSA.
- Main form of communication: <http://www.hpsocceracademy.com/>, emails, and Facebook/Instagram pages

Social Media Pages

Facebook: <https://www.facebook.com/highlandparksocceracademy/>

Instagram: <https://www.instagram.com/highlandparksocceracademy/>

Practice Model

- Monday practices→Monday Skills
 - Lots of touches on the ball; repetition
- Wednesday practices→team training; GK training
 - Tactics; the “bigger picture” practice
 - GK training! Please send over your trainer to Lauren at the beginning of your team practice. She is booked for every Wednesday for the remainder of the year.
- In-game training→scrimmages, scrimmages, scrimmages! We have the equipment for each age group’s regulation sized goals so please utilize these resources.

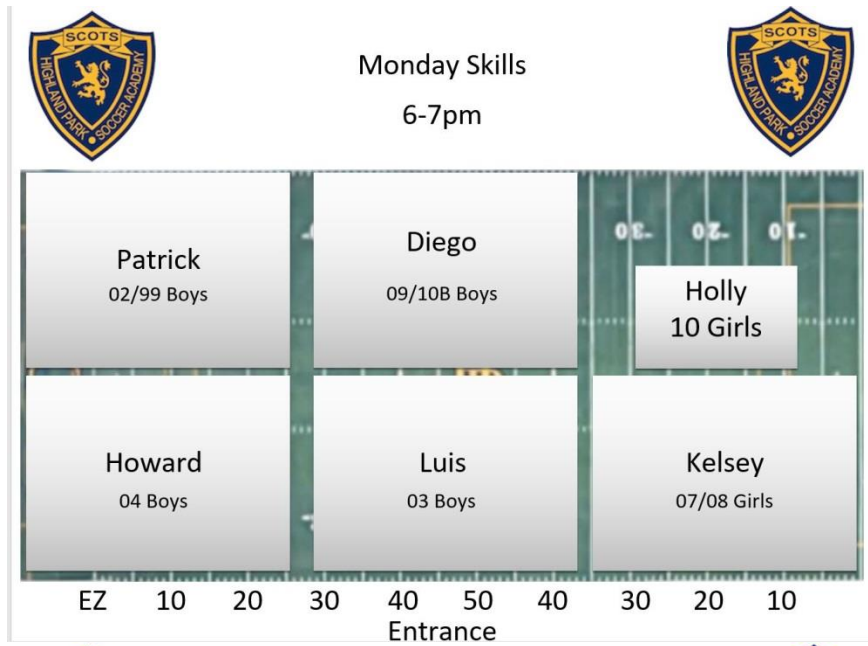
EQUIPMENT

- Four U10 & younger regulation size goals (Samba)
- Two futsal goals
- Two pug goals
- 12 size 5 balls
- 12 size 4 balls
- Hurdles (GK training purposes)
- Each coach has been provided with 50 cones (25 yellow, 25 blue). Coaches are responsible for replacing any broken or missing cone.
- 30 pennies
- **Return equipment back into the storage area after use**

HPISD FACILITIES

- Policy on HPISD use during HPSA practice time: *HPISD leases the facilities with the understanding that the district has first priority and we may cancel any agreement on any facility giving notice twenty-four hours prior to the event, if the District determines that it must use the facility for functions directly related to the operation of the District.*
- Remind your players to PICK UP after themselves. No food or drink is allowed indoors.

As a reminder, please follow the field planners:





Monday Skills
8-9pm



Adam
01 Boys

EZ 10 20 30 40 50 40 30 20 10
Entrance



Wednesday Team Training
6-7pm



Patrick
02/99 Boys

Drew
08/09 Boys

GK Train
Lauren

Howard
05 Boys

Luis
03 Boys

Kelsey
07/08 Girls

Holly
10 Girls

EZ 10 20 30 40 50 40 30 20 10
Entrance



Wednesday Team Training

7-8pm

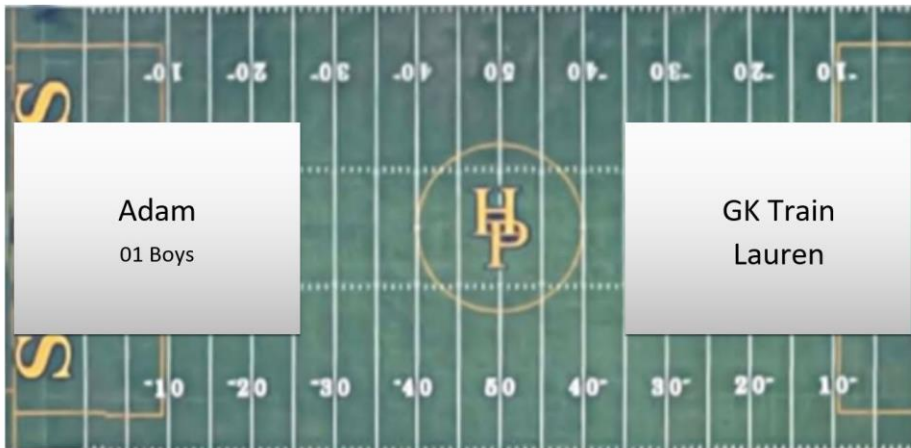


EZ 10 20 30 40 50 40 30 20 10
Entrance



Wednesday Team Training

8-9pm



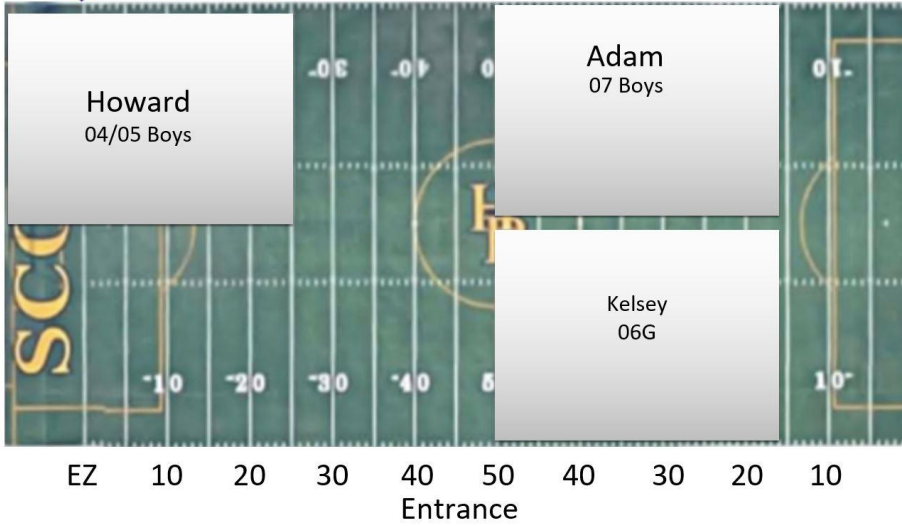
EZ 10 20 30 40 50 40 30 20 10
Entrance



Thursday Team Training
6-7pm



Thursday Team Training
7-8pm





Thursday Team Training
8-9pm



Lastly, HAVE FUN. We are all here because we love the game of soccer and want to share it with our players. Our focus should always be on developing our players and our teams. Development is not always measured in wins and losses, and team chemistry takes time to build. ALWAYS encourage, motivate, and push your team to better themselves. Soccer builds character, and HPSA aims to create great people and soccer players.



GO SCOTS!